



www.smyrnaseniorcenter.org

June 2026

May was a wonderful and busy month at the Center as we celebrated Older Americans Month and honored the incredible seniors who make our Center so special. We kicked off the month with a successful Open House and Outdoor Expo on May 1, welcoming many visitors to learn more about the programs, activities, and resources available at the Center. We also enjoyed a fantastic Older Americans Luncheon at the Smyrna Event Center on May 12, where members gathered for fellowship, great food, and outstanding entertainment provided by Eddie K. As we celebrated Older Americans Month, we were also proud to continue celebrating our 55th Anniversary. Our anniversary theme, "Honoring Our Past, Celebrating our Future, 55 Years Strong," reminds us of the strong foundation built over the past five decades and the bright future that lies ahead for our Center and the seniors we serve.

It's hard to believe that the month of June is upon us and 2026 is nearly half over. There's lots going on in June with some great day trips, interesting seminars and the first, official day of summer. Summer means hot temperatures and I always like to remind everyone to stay cool and hydrated. If you are reading this paragraph, please let me know so I can enter your name to win a prize. We are excited to host the International Folk Fest back to our building during our monthly meeting on June 9. This year, we will see the group from Germany perform. Following the monthly meeting, Rutherford County Commissioners Anthony Johnson, Carl Boyd and Phil Wilson will be here to talk about what is happening in Rutherford County. Please plan to attend this News Update.

On July 3, we will have our annual Independence Day celebration at the Center. The Center will provide the meat, drinks and chips. We are asking you to bring your favorite, *homemade* side dish or dessert to share. There is a list of suggested food items to bring on the top of the sign-up sheet. There will be games and our choir will entertain us with their patriotic concert. We hope to see you there!

Honoring Our Past ♦ Celebrating Our Future ♦ 55 Years Strong



Welcome to our 2026 New Members

Dan Amonett	Jack Dean	Nikki Perk
Sharon Amonett	Tammy Dean	Ali Price
Susan Anderson	Carolyn Docherty	Kim Quick
Mary Berry	Adalia Dutra	Lee Rennick
Juan Beraldi	Carolyn Farrar	Lavatta Robinson
Wayne Blair	Donna Harris	Michael Rochon
Desiree Blue	Elaine Hamilton	Cindy Sarvak
Betty Jo Boyd	Pat Harvey	Sharon Sciocqua
Lynda Boone	Colleen Jenkins	Colene Solima
Meredith Brown	Tanya Johnson	Ed Solima
Sandy Brown	Carolyn Jones	Denise Steffey
Phyllis Butt	Nell Jones	J.P Stockhem
Melinda Cervantes	Mike Lashley	Flora Tyler
Pam Cervantes	Cindy Martens	Janice Welchance
Cindy Clemons	JoAnne Meeks- Herbert	Kathy Werle
Daniel Cline	Andrea Meuchel	Sherry Whitehead
Janice Cline	Mary Muggridge	Rachel Willis
Ken Cowan	Laura Nota	Charlotte Woody
Michael Cowger	Janet Patterson	Shelby Wrather
Pam Davis	Grady Payne	May Wrey
Richard Davis		David Wunderlich

New Member Orientation

On the first Monday of each month (except for September because of Labor Day) at 2:00 pm, our New Member Committee holds a new member orientation. Please come learn more about how the Center works, the activities and programs we offer and how to be a part of our Senior Center family. Come with any questions you might have! If you can't come to the first orientation after you join, you are welcome to come to any other orientation.

2026 Orientation dates are: June 1, July 6, August 3, September 8, October 5, November 2, and December 7.



If you Shop at Kroger, make sure you sign up for their Community Rewards Program. Each time you shop at Kroger, a small portion of your purchase will be given to the center.

To sign up, just go on line to

kroger community rewards program

And link your Kroger Plus Card to

Smyrna Senior Citizens (Account # AV848)

Senior Center
Spaghetti
LUNCH

Our annual spaghetti lunch is rapidly approaching on Saturday, August 22 from 11:00 - 1:00 p.m. SAC members can purchase tickets for \$15 through June 30. If you purchase a ticket, your name will be entered in a drawing to win a \$100 gift card. The winner will be announced on July 3 at our Independence Day celebration. On July 1, the cost of lunch tickets will increase to \$20. Lunch sponsorships do not count in this drawing.

Mark Your **CALENDAR**



2026 DATES TO REMEMBER

June 19 - Closed for Juneteenth
July 3 - Fourth of July Picnic
September 7 - Closed for Labor Day
November 5 - Closed for Craft Sale Set-up
November 6-7 - Craft Sale
November 26 - Closed for Thanksgiving
December 22 - 24 - Closed for Christmas
December 31 - Close at 12:00 noon for New Year's Eve

SPECIAL EVENTS

*in
June*

- | | |
|---------|---|
| June 1 | 8:00 Breakfast with Fran at Cracker Barrel |
| June 2 | 10:30 Lunch at Klear-Vu & Shopping at Garden Patch |
| June 2 | 11:00 Lunch & Learn - Learn About Senior Care with Ron Fisher |
| June 2 | 2:00 Snack & Learn with Rock Springs Family Chiropractic |
| June 2 | 3:00 Grief Relief with Aveanna Hospice |
| June 4 | 2:00 Super Bingo with Tracy Webb from Select Physical Therapy |
| June 9 | 11:00 Monthly Meeting |
| June 9 | 12:00 - 5:00 American Red Cross Blood Drive |
| June 9 | 2:00 Trip Meeting for Savannah & Charleston |
| June 11 | 5:00 Bunco - Bring a finger food to share \$5 |
| June 16 | 1:00 Watercolor Art Class with Fran from Middle Tennessee Artists |
| June 16 | 10:30 Columbus, MS Information Meeting with Jimmy the Cricket |
| June 17 | 10:15 Lunch at Brown's Doner & Shopping |
| June 18 | 2:00 Snack & Learn - Building Muscle & Firm Up Crepey Skin - CenterWell |
| June 23 | 2:00 Snack & Learn with Mid Cumberland Electric |
| June 25 | 2:00 Coffee & Pastries with Tamara / Hospice / Volunteer Program |
| June 25 | 2:00 Book Club - <u>Fireball</u> by Hazel Lindsey & Julia Walker |
| June 30 | 10:30 Christmas Market on the Danube Information Meeting |
| July 1 | 9:45 Lunch at Sun Drop Café & Shopping at Water's Edge Chocolates |
| July 2 | 2:00 Healthy Snacks & Making a Trail Mix with Darian from RC Health Dept. |
| July 3 | 11:40 4th of July Picnic & Games |
| July 3 | 1:00 Choir Concert |



Great Canadian Cities September 16 - 24, 2026

\$4,699 - Double Occupancy

\$5,949 - Single Occupancy

Highlights include a Montreal City Tour including the Notre Dame Cathedral, St. Joseph’s Oratory, Jacques Cartier Square and a panoramic view of the city from atop Mount Royal, a relaxing train ride to the “Paris of North America,” Quebec City and enjoy a tour of the city, a visit to the Giles Copper Museum and Montmorency Falls, a visit to Ottawa where you will see the Parliament buildings, the Supreme Court, and the Prime Minister’s residence, a visit to the 1000 Islands area which is made up of 1864 islands straddling the US-Canadian border where you will enjoy a cruise amongst many of the islands, a finally a Toronto City tour followed by a visit to Niagara-on-the-Lake which is charming town located between the Niagara River meets Lake Ontario. Our final night will be at Niagara Falls.



Jimmy The Cricket Tours



November 30 - December 4, 2026

\$2,099 - double occupancy

\$2,474 - single occupancy

Highlights include deluxe motor coach transportation, 4 nights lodging at the Hyatt Place Hotel, all meals included, self guided tour of Columbus, welcome dinner at the Stephen D Lee House, the Tennessee Williams home, lunch at St. Paul’s Episcopal Church, tour of W - formerly the College for Women, tour of White Arches owned by the founders of Crye-Leike Realty, cocktail tour of Rosedale, U.S. Grant Presidential Library, organ concert at The Catholic Church, dinner at Anthony’s, farewell progressive dinner at three different beautiful homes, and Big Bob Gibson’s Famous BBQ in Decatur with time for shopping.





Islands of New England

May 14 - 21, 2027

\$4,199 - double occupancy

\$5,099 - single occupancy

Highlights include round trip airfare, three nights at the Aloft Providence Downtown in Providence, RI and four nights at the Sea Crest Beach Resort in Falmouth, MA; panoramic city tour of Providence including Brown University followed by either a walking tour of the city or a tour through the RISD Museum; a tour of Newport (“Sailing Capital of the World”) including The Breakers (the 70-room summer getaway of the Vanderbilts); a tour of Plymouth including a boat cruise of Plymouth Harbor and a visit to Plymouth Rock; Hyannis Port and the Kennedy Compound; a ferry ride to Nantucket where you can stroll the streets and waterfront before visiting the Nantucket Whaling Museum; a free day to relax at your hotel or a trip to Sandwich where you can visit the Heritage Museums & Gardens and a visit to the Sandwich Glass Museum; a ferry ride to Martha’s Vineyard. There’s an optional 3-day 2-night Boston Post Tour Excursion. Price includes seven breakfasts and three dinners.



Christmas Market Cruise on the Danube River November 30 - December 8, 2027



\$4,429 - \$5,773 - double occupancy

Highlights include round trip airfare and airport transfers; seven nights aboard Emerald Cruises Star-Ship; seven breakfasts, 6 lunches and 7 dinners; Ports of Call in the enchanting cities of Budapest, Bratislava, Vienna, Durnstein, Passau and Regensburg; Christmas Markets in Hungary, Slovakia, Austria and Germany; First-class service by an English-speaking crew; Onboard Activity Manager will host daily onboard wellness activities, games, classes and evening entertainment; shore excursions with English-speaking local guides; complimentary regional wines, beer and soft drinks accompany onboard lunches and dinners.



Thinking of you

*Please remember all of
our members who have
health concerns.*

Our Shut-ins:

**Dianna Beyer
Helga Carter
Marcia Clark
Shirley Cobble
Teresa Graves
Pat Heinz
Patti Jacobs
Tom Kent
Judy Speulda
Lynn Sutherland
Amos Taj
Mary Lou Thomas
Ann Wallace**

**Ronnie Bardowski
Helen Boren
Bob Clark
Herbert Crick
Marie Dingle
Joy Fotopoulos
Katie Funkhouser
Cynthia Gary
Cynthia Gilmore
Jo Hall
Ervin Mann
Charlotte Napier
Alice O'Donnell
Sarah Jane Pace
Kathleen Potts
Harold Sanders
Pat Whittle
Florence Wright**

With Deepest
Sympathy
and Heartfelt Condolences

*Condolences and prayers to
the family and friends of Ron
Dupee who passed away on
May 20. Ron and Linda
joined the Center in 2022.
They loved to travel and
enjoyed playing Bingo. Special
prayers for Linda during this
difficult time..*



*Condolences and prayers to
the family and friends of Pat
Geasley who passed away on
May 20. Pat was very active at
the Center for many years and
loved going on trips, playing
Bingo and attending monthly
meetings. Special prayers for
her long-time companion,
Loyd Grimes.*



June Birthdays

June 2	Barry Aston Larry Schoon Florence Wright	June 17	Julia Hoffman Jerry Warren
June 3	Betty Cox John Green Barbara Maurer	June 18	Gretchen Blumreich Yvonne Chambers Kim Quick
June 5	Ginny O'Haver	June 19	Laura Fontaine Philip Gomberg
June 7	Thomas Hamilton Archielene McClain Jodie Muns Mike Shireman	June 20	Linda McNeill Rachelle Sheumaker Kenneth Lewis John Williamson
June 9	Judy Harvey Lowe McCrary	June 21	Jammie Baber Velma Mangrum Neil Rogers
June 10	Sandee Fritcher Mary Ann Rogers	June 23	Fran George
June 13	Patsy Brown Sharon Frazer Sue Harlin	June 24	Brenda Gourley Renate Guy Larry Jones
June 14	Debbie Baumann Pat Harvey	June 25	Fran Wright
June 15	Dianne Adams Yvonne Johnson Rick Wise	June 26	Phyllis Butt
June 16	Karen Skillern	June 30	Joanne Johnson Barbara Tenpenny





July Birthdays

July 1 Charlie Andrews
Cheryl Black
Joe Gourley
Crystal Henderson
Leah Sartino
Judy Speulda

July 2 Pam Cervantez
Susanne Kennedy
Paul Lamb
Marty O'Haver
Rhonda Watson

July 3 Carolyn Farrar
Reba Mitchell

July 4 Glenda Fetherling

July 5 Regina Flowers
Danny Martin
Leland McIntire

July 7 Janet O'Hara

July 9 Selene Brady
Mary Chasteen
Wanda McElroy
Scott Reisdorf

July 10 Peggy Massey
Jackie Vaughan

July 11 Larry Bain
Howard Brindley
Marie Kent
Rose Nokes

July 13 Gary Branscome
Regina Hill

July 16 Dianna Hodges
Dawn Patterson

July 17 Connie Bain
Linda Cazel

Sherry Head

July 18 Laura Quick

July 19 Sarah Beecham
Darlene Clark
Charlotte Meyer

July 20 Shelby Dedman
Susan Gulley

Bernice Littlefield

Anna Payne
Delores West

July 21 Ken Cowan
Willa Reeves

July 23 James Gilmore
Ann Polk

July 24 Bob Francis

July 29 Cindy Clemons
Julie Saunders

July 30 Kathleen Donaldson
Anthony Johnson
Sheila Reed

July 31 John Marable III